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EXERCISES ABOUT OBJECTS AND THINGS

Here are some ideas for writing exercises.

Ask your writers to think of an object that is ugly, and create a character who finds it very beautiful. Have the character describe the object in a way that convinces the reader of its beauty.

Ask writers to describe a character's bedroom in such a way that it tells us about a person's fears and hopes.

Imagine a character looking through a desk drawer and finding a strange object. Have a character who is devastated to find this object, and tell the story of why it hurts them.

Ask writers to think of their favourite piece of art. Now imagine a living room inspired by that art, and set a scene in the room.

Suggest writers pick a simple object like a vase, a broom, or a light bulb, and ask them to write a scene that makes the reader feel something when they see the object.